

See the Best of Montreal on Foot

One of the best ways to see a new city is to travel by foot through neighborhoods favored by locals. **Montreal is a beautiful city with centuries of French-Canadian history**, and that often draws folks to the Old Town area with its shows, restaurants, museums, and shops. But much of this neighborhood has adapted over time to appeal specifically to tourists.

Visitors can step off of beaten path by walking north-west, joining busy sidewalks full of Montrealers.

There's plenty to see by simply heading straight along Rue Saint-Denis (that's *ROO sawn-denEE* for those who are still figuring out French). Soon, the more touristy neighborhood gives way to **cafes and stores filled with business people and the students of nearby University of Quebec**. Have a pint of locally brewed beer at Le Saint Bock, find delicious specialty poutine at Frite Alors, or even pair a smoothie with a rented board game at La Récréation.

Continuing up Rue Saint-Denis, the skyscrapers and colleges soon give way to **an area combining diverse businesses with charming residential streets**. Tidy and quiet side streets feature iron staircases and well-kept balconies where locals chat. On the main road, boutiques with colorful clothing might catch your eye. For food, many restaurants such as Chasse-Galerie represent the unique French-Canadian cuisine while still more provide international tastes such as the curries of La Belle Thaïlandaise.

Descriptions can only begin to introduce the sights and sounds of a bustling city street. **To discover what Montreal has to offer**, a visit is worth a thousand words.