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Why There's an Overdose Epidemic - In Two Graphs

The "overdose epidemic" that so many Americans are talking about isn't really a single epidemic. It's actually several of them, something we began exploring when we graphed the yearly counts of overdose deaths for the last 40 years.

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Concrete Ways to Shift from Punitive to Therapeutic Responses to Addiction

We can't arrest our way out of the opioid crisis. What can we do instead?

Read more in IRETA's latest blog post about the strategies we can pursue that replace the punitive with the therapeutic.

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Low Risk Drinking Guidelines: Where Do the Numbers Come From? Let's demystify these suggestions. [\[Read more\]](#)

A methadone provider in western PA commits to quality improvement, hears positive response from clients. [\[Read more\]](#)

Interesting report out of our home county. We're glad to see people seeking treatment are being asked for feedback. Their experiences can be used to develop solutions to common roadblocks. [\[Read more\]](#)

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The Opioid Crisis Isn't a Metaphor

IRETA is a public health nonprofit located in Pittsburgh, PA. Our mission is to help people respond effectively to substance use and related problems.

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611 William Penn Place
Suite #403
Pittsburgh, PA 15219

